



CAROL SUE CARLSON, MD
Interventional Pain & Spine

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PAIN SERVICES DISCHARGE INSTRUCTIONS DR. CAROL SUE CARLSON

() **Local Patient:**

- No restrictions – follow directions previously given by your doctor.
- No change in medication.
- Follow-up appointment as scheduled.
- May apply ice to area as needed.
- May eat and drink as desired.
- May remove bandaid after 6 hours.

() **Sedation Patient:**

- Follow-up appointment as scheduled.
- No driving or operating machinery for 24 hours.
- No important business or personal decision for 24 hours.
- No alcoholic beverage including beer for 24 hours.
- May apply ice to area as needed.
- May not be alone for 4 hours after procedure.
- May eat and drink as desired.
- May remove bandaid after 6 hours.
- No change in medication.

Call your doctor if:

- **Temperature is greater than 101 degrees.**
- **Heavy bleeding.**
- **Uncontrolled pain not relieved by pain medication.**
- **Nausea/vomiting.**

PHYSICIAN PHONE NUMBER:

- **Toll Free: 1-800-322-1747**
- **Eau Claire 715-832-1400**
- **Chippewa Falls 715-723-8514**